

ORAL HYGIENE INSTRUCTIONS FOR USE WITH RED TOOTHBRUSH

At your 1 week post-op appointment after laser treatment you will receive a red toothbrush. Below are the instructions for the use of your red toothbrush....

- Brush with red toothbrush in treated areas until your 1 month appointment.
- Do not use toothpaste with the red toothbrush, dip the toothbrush in the prescribed mouth rinse and use the mouth rinse as if it is the tooth paste.
- Softly brush treated areas, DO NOT SCRUB. Continue to use the oral rinse until your 1 month PO.
- No flossing, Water Piking or electric toothbrush in treated areas for 1 month.
- Do not eat anything hard, sticky, or crunchy. Examples are chips, nuts popcorn or gum.